



Memphis Neurology EEG/EMU Instructions

EEG is the abbreviation for electroencephalogram. Small cups (electrodes) are used to record the patient's brainwaves. The electrodes are attached to different parts of the head with a paste. A hair dryer is used to dry the paste. The hair dryer's blowing air will feel cold. For patient who need a more extensive evaluation, an EMU is ordered. An EMU (EEG Monitoring Unit) is a EEG that lasts all day. The patient's activity is recorded continually on a video camera along with his brainwaves.

_____ is scheduled for an EEG on _____
Patient's name

_____ / _____ / _____ at _____ am/ pm at the following location :
day of the week date time

_____ **Germantown**
7645 Wolf River Circle
Germantown, TN 38138

_____ **Memphis Downtown Office**
Physician Office Building - LeBonheur
777 Washington Ave; Suite P320

_____ **Lebonheur Hospital**
50 N. Dunlap
Memphis, TN 38105

_____ **Southaven, MS**
7684 Airways Blvd

_____ **Brighton, TN**
7615 Hwy 51 South
Canon Internal Medicine
Suite 106

_____ **Other**

You are scheduled for a ...

_____ **Routine EEG**
For a routine EEG follow the directions below.

_____ **Sleep Deprived EEG**
For a sleep-deprived EEG, the patient needs to sleep during the EEG. If at all possible, the patient should stay awake all night before the EEG. The patient should not sleep more than two hours **Do not** let the patient take a nap before the EEG.

FOR ALL EEG's and EMU's FOLLOW THESE INSTRUCTIONS . . .

- An EEG takes about one hour. The patient's parent or spouse may stay with the patient.
- An EMU will take the whole day. You may be scheduled for more than one day. Bring books, or games for the patient.
- **Do not bring other children with you, unless you bring someone to watch them.**
The other children cannot be left alone while the patient has the EEG test.
- Do not drink any caffeine 24 hours before the EEG.
- Eat a full meal before coming to the EEG.
- If your child takes a bottle be sure bring their bottle.
- Shampoo the hair the day before. Do NOT use any hair gels, hairsprays or lotions. Hair extensions, hairpieces or wigs must be removed. **Do NOT wear braids.**
- The patient may need to sleep during the test.
- Wear comfortable clothes. You will be lying on a bed during the test.
- The patient has to open and close his eyes, breathe rapidly and watch a flashing light.
- **THE EEG WILL NOT HURT**

TEST RESULTS

Your test results are sent to your referring physician in a few days.

CANCELTION

If you will not be able to come for your EEG, please contact us 24 hours **before** the test.

If you do not cancel you appointment, you will be charged for the procedure.